



Sample Menu

Monday

Dinner

Beef Bolognese – kidney beans, courgette, onion, mushroom, carrot & garlic served with pasta.

Tea

Selection of chicken & salad sandwiches on wholemeal bread

Tuesday

Dinner

Turkey & Lentil Soup – with butternut squash, leeks, parsnip, celery.

Tea

Omelette (ham, cheese & onion) served with brown bread

Wednesday

Dinner

Slow cooked Ham – served with cabbage, turnip, broccoli & mashed potato

Tea

Baked beans served on warm toast

Thursday

Dinner

Lamb Casserole – onion, carrot, chick peas, green beans & cauliflower

Tea

Warm chorizo & cheese tortilla wraps

Friday

Dinner

Fillet of Cod served with fresh tomatoes, asparagus, sweet potato, peas & whole grain rice.

Tea

Oven baked ham & pineapple pizza with garlic bread

Sample babies teas

Avacado & yoghurt with bread sticks, stewed apple & Custard, Baked beans, scrambled egg.

A selection of fresh fruit, cheese cubes and veggie sticks are provided after tea every day & in the evening time.